

BULLETIN

June

2007

Issue 3



Foundation Congress of HORATIO - European Psychiatric Nurses

At precisely 10 o'clock in the morning on the 22nd of March 2007 our chairman Des Kavanagh on behalf of HORATIO proudly opened the congress with the first magical words, "Ladies and Gentleman, welcome to this congress". These words mark the end of a 10 month period of preparation and the launch of the European Association for Psychiatric Nurses. Our organisation is growing. In 2005 10 people met; in 2006 we were 18 strong and this year in 2007- 250 people from 18 different European countries, as well as representatives from Canada, Hong-Kong and Australia, gathered for the meeting. In addition to this we were honoured with the presence of an International Council of Nurses (ICN) representative. Events such as visiting mental health institutes in Amsterdam, Arnhem and Nijmegen were facilitated in association with the congress. The first general assembly occurred following the congress and was over-subscribed, such was the enthusiasm by members to participate. For those unable to attend the congress information is available in this bulletin and there are still some congress booklets available.

Introduction

From the inception of HORATIO to the general assembly the intention has been that the association develops a professional structure and we are working towards this end. The word is spreading about HORATIO and as a result of this we are receiving large numbers of enquiries through the email system. We are conscious of the need for people to receive information about our organisation. Consequently we are devoting time to developing a digital newsletter and also improving our subscription process. Hopefully this will improve communication to our members as well as other visitors to the website.

Furthermore we are working towards developing contacts and establishing a professional standing with organisations such as the European Specialist Nurses Organisations (ESNO). As well as this we are working with other non-EU organisations to establish a global mental health nursing network. In this way we are making steady progress both nationally and internationally. We hope you will enjoy this bulletin just as much as the editorial staff has during its preparation and we would appreciate if you would pass this bulletin on to your colleagues with a recommendation to support us by joining HORATIO or making a donation.

**In memoriam of,
'Chantal
Klimaszewski
and Lucette
Gariod', France**

The congress was dedicated to the memory of two mental health nurses, Chantal Klimaszewski and Lucette Gariod. They were killed whilst working in a psychiatric hospital in Pau, France. Information regarding this shocking event can be accessed through the European Federation of Nurses Association (EFN) link.

"France shocked by double murder and beheading at psychiatric hospital"

A savage double murder in the psychiatric wing of a French hospital, in which a nurse's decapitated head was left on top of a television in the patients' day room, stunned France and left hospital staff terrified of returning to work. Staff at the 460-bed Pyrenees Hospital Centre



near the south-western town of Pau discovered the bodies of two nurses - both in their 40s, and mothers of young children - at 6.45am on Saturday, police said. The hospital's medical director, Serge Foursan, told French television that the "fear is very real. There is no regular security patrol here and the staff are seriously afraid for their own safety." Health union delegates were critical of the lack of proper security arrangements at the hospital, which they said was due to funding cuts'.

(Reference, Jon Henley in Paris and agencies, Monday December 20, 2004, [The Guardian](#))



Members

Members

At the congress in March this year we were proud to welcome Greece as a new member and since then are very pleased that Germany and the United Kingdom have expressed a commitment to become full members also within this year. These additional members will make us the largest group of specialist nurses in the EU even though 75% of the nurses working in mental health still remain outside of HORATIO membership. It is our intention to recruit mental health nurses not already members of HORATIO through the associate membership scheme. The following countries are members or have applied for membership to HORATIO.

Finland	Ireland Netherlands	Croatia	Malta
Sweden	Czech-Republic.	Greece	Germany, applied
Norway		Cyprus	UK, applied

We

thank current members for their support and we hope that this list will expand in the near future.

Inter-continental Network Mental Health / Psychiatric Nursing

Intercontinental

During the congress in March an initiative to lay the foundation for an intercontinental network of psychiatric/ mental health nursing based on the HORATIO concept was proposed.

Mental health nursing is very much influenced by the culture within the society it operates. In order to develop mental health nursing as a global entity it is important to learn about approaches used in different parts of the world through liaising with colleagues from other mental health organisations around the world. To this end, the board of HORATIO met with nursing representatives from Canada, Australia and Hong-Kong with the intention to create a global network. The ICN will be informed of this development.

ICN



ICN

At the congress Dr. Tesfamicael Ghebrehwet, an ICN representative, presented a paper on a joint WHO and ICN global survey of mental health nursing. The findings were that mental health nurses in low and middle income countries are often the primary providers of mental health care. It was also found that many mental health nurses have varying levels of training. However Dr. Tesfamicael Ghebrehwet reported that in most developing countries nurses who were the sole providers of care for people with mental health disorders had no mental health training. The report recommended improvements in quality and quantity of mental health training for nurses, including the integration of mental health research into basic and post-basic training. Other recommendations involved the development of strategies aimed at enhancing recruitment and retention of mental health nurses, including attractive compensation packages, determining nurses' authority and level of responsibility including re-evaluating the method of providing psychotropic medications, determining nursing roles in prescribing medicines and continuing prescribed medicines as well as involving mental health nurses in policy and decision making. The final publication and launch of this report will be in September 2007 and HORATIO will be looking forward to seeing the finished report and future developments. We thank Dr. Tesfamicael Ghebrehwet for his informative presentation and also his encouraging words to our organisation on behalf of the president of the ICN.

Finance



Finance

As a rapidly growing organisation we will be increasingly involved in developing projects, creating organisational structures and seeking alliances with stakeholder organisations. In order to accommodate these developments we will need to seek funding for meetings, obtaining expert advice and for other activities such as website development and general office administration. To achieve and maintain growth we invite individual mental health nurses and organisations such as hospitals, universities, colleges etc to become associate members or make a donation to HORATIO. For example, the donation of a portion of income generated from conferences. For more information you can visit the member section of the HORATIO website or contact our office directly.

ESNO



Hyperlink to directives.

ESNO

HORATIO's involvement in the ESNO is to facilitate collaboration with other specialist nurses and to exert influence where possible. One area of interest would be projects that recognise the speciality of psychiatric/mental health nursing.

For instance, the ESNO is involved in the Tuning Project for Nursing. One key feature of this project has been the development of competences for general nursing at Bachelors or graduate level with registration/licence to practice as specified in the EU Directive 77/452/EEC and its subsequent amendments. This directive is concerned with the mutual recognition of diplomas, certificates and other evidence of formal qualifications of nurses responsible for general care <http://europa.eu.int/eur-lex> . These directives will become part of a new directive (2005/36/EC) on the Recognition of Professional Qualifications which comes into force by 20 October 2007.

Progress of this directive can be followed on the European Federation Nursing Regulators website, www.fepi.org .

This development may have implications for psychiatric/mental health nursing. HORATIO continues to collaborate with ESNO in order to promote the interest of our speciality. In October 2007 HORATIO will put forward a candidate in the official election for officers of the ESNO. In addition to this a member of the HORATIO expert panel will join the group dealing with the above mentioned directives and Tuning project.

International
Nursing Day
2007-
IND 2007



International Nursing Day 2007

On the 12th of May, International Nurses Day, we sent our best wishes and hopes for future collaboration to other nursing organisations. These greetings can be found on our website. One welcome response came from Jon Chesterson from the Australian College of Mental Health Nurses (New South Wales branch).

Dear Ber and all Horatio fans

*Thank you for your International Nurses Day greetings and wishes which I have passed on this morning to over 1000 mental health nurses in New South Wales on NSWB Communique, our local State based email network and also ANZ-PSYCH our national mental health nursing discussion list, both auspiced by the Australian College of Mental Health Nurses Inc. On behalf of the Australian College of Mental Health Nurses and NSW Branch, I would like to wish you all well and look forward to future exchange and collaboration, even though we are so far apart on the globe. **I will lift a glass late this afternoon to meet with your champagne for breakfast!** Best wishes, Jon Chesterson, NSW Branch President, Chair, National Board of Credentialing, Australian College of Mental Health Nurses.*



***"My words fly up, my thoughts remain below:
Words without thoughts never to heaven go".***

William Shakespeare, (1564 - 1616), "Hamlet", Act 3 scene 3

Magazine
Dutch
language

Psychiatric Nursing magazine, two monthly. "Vakblad, Psychiatrie&Verpleging" , Gent Belgium redactie.psychiatrie.en.verpleging@fracarita.be , Website; www.psychiatrie-verpleging.be Phone; 0031-(0) 9 2214545, Contact Claire Peeters

Websites &
instituts

European Nursing Students, allied to the EFN and most interesting for our specialty to seek attention and cooperation. Their website is under construction but worthwhile to visit regularly. <http://www.nursingstudents.eu/> .

Website Mental Health Nurse. The aim of the site is to be a central resource which will encourage resource and knowledge sharing. If you have a resource such as an assessment tool that we have missed please contact Steve Bradford. (MSc, BSc, RMN). steve@mentalhealthnurse.co.uk or visit the website www.mentalhealthnurse.co.uk

The GRiST, The Galatian Risk Screening Tool. This project is a collaboration between Computer Science, Aston University, and the Division of Health in the Community, University of Warwick. Dr Christopher Buckingham from Aston is the chief investigator and Dr Ann Adams is the principal investigator at Warwick. Contacts Dr Christopher Buckingham, C.D.Buckingham@aston.ac.uk and Anne Adams A.E.Adams@warwick.ac.uk
Website, www.galassify.org/grist

Scholarship in Violence Reduction, BSc/BSc [Hons]. Professor Paul Rogers, Gail Miller and colleagues from the University of Glamorgan and West London Mental Health Trust, have collaborated to design a new, BSc degree-level course in Violence Reduction. The course has been designed to encapsulate current legislation and best practice guidance. On completion, participants should have gained the necessary knowledge and skills to be eligible for Specialist Practitioner status with the Nursing and Midwifery Council (NMC). <http://www.glam.ac.uk/coursedetails/685/688>

Congress news

As part of the objectives of HORATIO we are happy to distribute news about forthcoming congresses, conferences or calls for abstracts in the form of a short announcement. This will be added on our website. See at section Contact at FAQ for more information. We will do our best to update this information. In future this information will be included in a digital newsletter. Two weeks ago all contact have received an overview, which is still available at our office. We would also appreciate a small donation to our organisation for this work which is often carried out voluntarily.

**Eufami /
Poland
September
2007**

Eufami, European Federation of Associations of Peoples with Mental Illness.
4th EUFAMI European Congress, 'Touching the Stars'.
Torun, Poland – 14th to 16th September 2007
Online registration and details are available on www.eufami.org/congress2007



The School of Nursing, Dublin City University invites you to the second annual Health4Life (Sláinte Saoil) conference. The focus of this year's conference is on psychosocial health and is entitled 'Thinking, Feeling, Being: Critical Perspectives and Creative Engagement in Psychosocial Health'. It will be held on the 10-12 September 2007. The conference provides an opportunity for practitioners, service users, carers, artists, academics and researchers to present innovative practice, research and/or lived experience relative to psychosocial well-being. Numbers will be limited to 250 and already there has been considerable interest so please consider registering early and / or submitting an abstract. For further information, visit: www.dcu.ie/health4life/conferences/2007/

"The Tenth GAMIAN-Europe Annual Convention will take place in Tuhelj, Croatia between 1-4 November 2007 and will focus on "Stigmatization and Empowerment". For further details please contact GAMIAN-Europe's Information and Communication Officer, Loredana TASCAU by telephone or email: 0040 21 252 08 66, gamian-europe@clicknet.ro -www.gamian-europe.org "



5th European Congress on Violence in Clinical Psychiatry; Best Evidence Based Practice, "Prevention, Treatment and Management of Violence at the , ndividual, Institutional and Governmental Level" 25 – 27 October 2007, Congress Centre "De Meervaart", Meer en Vaart 300, Amsterdam – the Netherlands Website: www.oudconsultancy.nl or <http://www.oudconsultancy.nl/violenceadam/index.html>

Lates news, just came in:

Award-Winning Mental Health / Depression DVD: "Eternal High," produced by Bryce Mackie
You may be interested in a 30-minute mental health / depression / suicide prevention educational DVD. The DVD was produced by my son, a student who captured his true-life battle with depression and suicide. It includes a short film made while unaware he was clinically depressed followed by a speech to his school after receiving treatment (discussing his experience with depression, suicidal thoughts, anxiety, self-injury, self-medicating substance abuse, and his treatment). The DVD is being distributed for school curriculums, psychologists, social workers, substance abuse and suicide prevention organizations, libraries, counselors, etc. The DVD is distributed by Aquarius Health Care Media (888-440-2963). A preview clip of the film and the accompanying discussion guide is provided on their web site via this link: <http://aquariusproductions.com/Cart/products.php?>

Aquarius
Health Care Media
Programs to Educate, Motivate and Inspire

To see a
preview,
click on
the
Logo.

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