



HORATIO- Bulletin

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Horatio

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INTRODUCTION

Having previously issued newsletters and updates, it is now time for a Bulletin. When we met in Prague, in May '06 we quickly realised how far we had advanced as an Organisation. The concept of a European Psychiatric Nursing Association had now transcended to a real and vibrant living entity. This bulletin will be distributed throughout Europe and we intend that it will reach all Mental Health Institutes, Libraries, National Nursing Associations and above all, European Organisations on Psychiatric Nursing. The aim of this Bulletin is multifaceted, to provide information, to encourage nurses in mental health to examine and discuss our position at international level and importantly to use this Bulletin as an instrument in spreading the message of Horatio. Our ambition is to ensure that our Association is attractive to Nurses and Nursing Organisations who as a result will want to be part of and involved with this wonderful movement for Psychiatric Nurses in Europe and who will want to invest their knowledge, energies and resources in the further development of Horatio. While the Bulletin is printed in black & white it can also be coloured printed from a downloaded version which can be found on the website. By using the online version you can go directly to the website by clicking on the logos.

BRIEF HISTORY

There are many European, International and Global Nursing Organisations. However, when it came to psychiatric nursing, unlike so many others e.g. Diabetes, Nephrology, Oncology, Education and Research it is clear we lacked not just an Organisation but a representative voice. In the Spring 2004 two psychiatric nurses from Malta and the Netherlands took the initiative to seek the interest of other national organisations on Psychiatric Nursing to start a network. This resulted in a group called the PNWG, the Psychiatric Nursing Work Group which in turn led to preparations for a meeting which took place in October 2005 in Amsterdam. At that meeting the decision was taken to transform the group into an association and with the name 'Horatio'. In April 2006 the Association was formally established and in May 2006 the second meeting took place in Prague. Between these meetings the network increased rapidly and at the present time there are contacts in the majority of European countries. Some as individuals, some as Representative of an International Organisation within the field of Mental Health nursing, others as National Organisations for Psychiatric Nursing or Psychiatric Sections in their National Nursing Associations. We liaise with Organisations beyond Europe and others like patient/family organisations. We are an affiliate of EFN and of ESNO.

Horatio flyer.

A general flyer can be asked at our office and send to you by post or send by e-mail in a PDF-file

Horatio identified itself as the European Association for National Psychiatric Nursing Organisations and nurses across Europe in mental health services. The voice of a united workforce in pursuit of high standards, best practice and recognition of the value and importance of the role of Psychiatric Nurses in Mental Health Care.

Website

Since this summer we have a website and is hosted by Dirk Knück. Visit this site regularly for information.

Sponsorship

This Association welcomes donations from those who empathise with the aims, objectives and activities of Horatio. They can contact the office for information.

Sponsors

Nico Oud

www.oudconsultancy.nl

Ingo Tschinke

www.pflegedialog.de

Peter Wodicka

Vienna / Austria

EFN and ESNO

Organisations, Institutes and Associations are independent in character, often linked to others within an Organisation with they work as a specialist section in pursuit of common interests. For Horatio this is also the case in our work close with the EFN and the ESNO. **The EFN** represents the European national nursing associations. The mission of EFN is to promote and protect nurses and the nursing profession with particular reference to the EU, by lobbying the European Institutions, like: the European Commission, the European Parliament and the Council of Europe. It's an organisation for all nurses. More information can be found on their website www.efnweb.org.

It was in the interest of the EFN that specialist international nursing organisation join forces and become a platform within EFN i.e. **ESNO**, the European Specialist Nursing Organisation. ESNO will facilitate, enable and reflect the political voice of nurses, through collaboration with key stakeholders to strengthen the professional status and evidence based practice of nursing specialities and secure the recognition of specialism in nursing in the EU and the greater Europe.

The Objectives of ESNO are to network through communication and collaboration between European Specialist Nurses Organisations and specialist interest groups in Europe, to promote the recognition of and the professional status of the specialist nurse at the European level, to represent the interests of the member organisations, to provide expert advice on issues shaping specialism in nursing and to promote the development of specialist nursing education, practice and research. See further on www.esno.org.



Congress in Europe.

**Three Nations Congress,
German speaking.**

19 and 20 October 2006

Vienna / Austria

www.oudconsultancy.nl

Congress in Europe.

**RCN International Mental
Health Nursing**

Conference and

Exhibition. Wednesday 7

and Thursday 8 February

2007 in Cardiff UK.

www.rcn.org.uk/events

Congress in Europe.

**Primary Health Care in
Europe**

Utrecht, Netherlands

12-13 October 2006

www.futureofprimarycare.com

Objectives of Horatio

1. To promote and facilitate information about psychiatric Nursing within Europe.
2. To represent the special interest of psychiatric nurses in Europe and collaborate with stake holding nursing organisations
3. To advance the art and science of psychiatric nursing within Europe.
4. To improve the recognition of psychiatric nursing within all fields of health care.
5. Contribute to effective co-operation between health professionals, organisations, institutes, agencies, charities and groups who have an interest in the care of mentally ill.
6. To inform the development of standards for education and continuing competence.
7. To strengthen nurse leadership in mental health.
8. To provide conferences, congresses and continuing education opportunities for psychiatric nurses.
9. To link and network with similar national and international organisations, external to the European community.

Contact- list

In our database we have an abundance of persons with names, addresses, their e-mail, phone numbers and areas of their interest. These persons are informed about developments and demonstrate interest in sharing information on specific fields. If you want to be on this list, contact our office and you will be sent a contact-form and you will be automatically updated, without obligations.

► Mark in your agenda ◀

First Establishing Horatio congress 2007
- Thursday 22 and
- Friday 23 March

General Assembly
- Saturday 23 March

Arnhem / Netherlands

Relevant EU website:

<http://ec.europa.eu/health> see section on mental health for all kinds of subject and also issues related to the Green Paper on Mental Health strategy.

Congress

European Health Forum
Gastein in Vienna / Austria
4-7 October 2006
<http://www.ehfg.org/>

EXPERT PANEL

It is foreseen that Horatio will develop and advise on best standards for the practice of psychiatric nursing. This will be achieved through the creation of an 'Expert Panel'. This panel is organised in a committee co-chaired by Martin Ward and Amar Voogt. This committee will invite persons from all over Europe and beyond, to provide the best possible knowledge on subjects within their competence. The Committee will have as it's aim to access the highest level of knowledge and experience so that it can provide intelligence concerning material related to European Psychiatric Nursing, to assist Horatio to review, research and respond to the EFN or European Commission and to inform policy and Horatio's strategic decision-making.

Congresses and Program

There are several meeting on the Horatio agenda. There will be Bi-Annual Congresses, a General Assembly annually and once in the several years a Festival. The first two meetings took place in Amsterdam and Prague.

1. The first bi-annual congress will be on 22 and 23 March 2007 and a General Assembly on the 24th. This will take place in Arnhem / Netherlands and we hope to get most of our Reps./Contacts to this meeting. There are 9 key-note speakers from 9 different countries who will give a presentations, workshops and seminars on all relevant subjects within the objectives of Horatio. There will be a strong focus on Education.
2. In November the formal Launch of our Festival in November 2008 in Malta as a way to celebrate the work of psychiatric nurses throughout Europe. Built around the main scientific core it will include arts, drama, music, debates and other forms of expression and entertainment.
3. In November 2009 the second bi-annual Horatio Congress is planned in Copenhagen / Denmark.
4. Between these events, the board will meet twice a year with Representatives of the Committees.

Understanding the relation with the European Union

In the European union there is not such a commission such as 'Mental Health', 'Psychiatry' or 'Nursing'. In the EU Mental Health is under the attention of one of the European Commissions (see at http://ec.europa.eu/index_en.htm) Directorate-General of Health and consumer protection in section 'Public Health' (see at http://ec.europa.eu/health/index_en.htm).

Mental Health is perceived as effecting the public not just in terms of morbidity, treatment and Human Rights but also in relation to safety, exclusion from society and economic costs. These are issues strongly related to our daily lives, contribute to a safe living and working environment and a healthy economy, and need to be tackled so that Human Rights are respected and those suffering from an illness are not marginalised in society. The EU is challenged by these issues. It facilitates collective debate, consideration and Policy development and encourages

*What a
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action
how like
an
angel! in
apprehe
nsion
how like
a god!*

*Shakespe
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Hamlet,
act 2 ,
scene 2*



Health-EU Public health thematic portal
http://ec.europa.eu/health-eu/health_problems/mental_health/index_en.htm

States to act within Policy to research and enhance care, develop co-operation and maximise the Health of the European population. Individual States retain the right to implement policy, or not. It is important to understand that it is the public who decides who represents them in the EU and ultimately the Public who determine Policy. It is up to the professionals and in our case, the psychiatric nurses and nurses in the mental health, to give the EU and the Public the best possible information. We will ensure we are recognised as an important, highly motivated group committed to the pursuit of best standards and best practice in Mental Health. The EU is now aware of the Horatio. We have made a Submission on the Green Paper. Horatio is proactive in informing ourselves with the best and latest information relative to Mental Health and in being pro-active in promoting the nursing role. We liaise with external partners in pursuit of our goals.

NEW MEMBERS

From the beginning the organisation has tried to get contacts from all nations in Europe. In the search for national associations or organisation for psychiatric nurses, it became clear that a minority of nations have dedicated organisations as such. This brought us to the point that only a very limited number of nations could apply for membership. While taking this into consideration, we also noted that some nations without such a national structure were in the process of creating a specific organisation. Based on feedback from contacts it is foreseen that within a of year or two, the number of full members will be doubled and we will have several candidate members. This is very important because Horatio has it's aim to represent nurses throughout Europe, no nation should be excluded. It is in the interest of Horatio to have representation from every nation or region and through those representatives there will be an abundance of experience and knowledge that truly represents all nurses. Horatio will in turn do it's very best to support national activities by facilitating self –development.

Present Members

National Psychiatric Nursing Organisation or Section Psychiatry / Mental Health in National Nursing Associations.

- Finland
- Sweden
- Netherlands
- Ireland
- Norway
- Malta
- Czech-Republic

CONSTITUTION & INTERNAL REGULATIONS

In April 2006 a very basic constitution has been made and forms the basis of our Association. Due to developments some amendments will be introduced and Internal regulations are going to be introduced. This seems very bureaucratic but still an interesting part in the development towards shared responsibility, cooperation and effectiveness. The General assembly on Saturday morning the 24th of March 2007 is the place to be.

Horatio has Contacts in:

Austria
Belgium
Croatia
Czech-Republic
Cyprus
Denmark
United Kingdom
Estonia
Finland
France
Germany
Hungary

See further right side

Websites related to mental health.

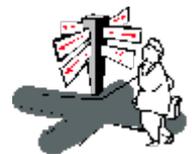
The European Mutual-help Network for Alcohol-Related problems

www.emna.org



Horatio has Contacts in:

Iceland
Ireland
Italy
Latvia
Lithuania
Malta
Netherlands
Norway
Poland
Portugal
Romania
Slovenia
Spain
Sweden
Switzerland
Turkey
and
Canada
USA
New Zealand



***The NEXT Bulletin* is planned for December 2006. If you want to send a message or information for this bulletin, please send this to info@horatio-web.eu before 1-November 2006 With every new bulletin the number of pages will increase and with improvement of the layout. Thank you very much for your attention and if you want to be involved in an editorial staff don't hesitate to contact us..**