

# BULLETIN



October

2011

Issue 3



## Special issues of interest:

- Festival
- Croatia
- Turkey
- Lithuania
- Netherlands
- Ireland
- Deinstitutionalisation
- Data-Prev
- Madness or Mental illness
- Vulnerable people
- Twitter news

## Introduction

In the Horatio organization the summer holiday seems history, Autumn is getting really visible and activities taking place in Horatio and its members. So much going on all levels. This issue are mainly covered by news from the members Turkey, Ireland, Lithuania, Croatia, Netherlands. In the meanwhile Slovakia has entered the organization and Hungaria is in the full process.

Lithuania has in the Autumn it's foundational congress and a report is made from the 5<sup>th</sup> Turkish National and first International congress.

Previously, national representatives seem to be males and we see now that more ladies are in key positions. It might be that in the future a shift in leading persons in Horatio which is a very important element in such a great nursing organization.

In the summer a huge drama unfolded in Norway by the assassination of so many young person's during a camp. Shortly after this a lot of media sought explanation and several conclusions were made that this atrocity was committed by someone with a mental disorder. MHE responded instantly with a press release that the relation with violence should not so easily be related to mental illness. Here again the society stigmatizes persons with a vulnerable mental status. This caused some debate and in the bulletin we publish a response of the Norwegians.

In Brussels the mental health is high on the of agenda's and the lobby for de-institutionalization is very strong, this is based that too often persons with a mental illness end up in hospitals while so much could be done on prevention, early intervention. In this bulletin some debate is added.

While talking about psychiatry, it is worthwhile to visit the project on DataPrev, to see how mental health is addressed from a different perspective and to learn about Mental Capacity and on what fields prevention could be done. In the last page we add a page with a compilation of our Tweets of Twitter because we do not see too much followers but interesting enough scrolling through the news which came to our attention.

## 2nd European Festival of Psychiatric Nursing – in Stockholm 2012.

The Conference will be held at September 20-23, 2012 in Stockholm. Join with people from across the world interested in exploring, expanding and building upon the spectrum of what is known about mental health and mental illness; prevention, intervention and research. The intention of this conference is to generate inclusive dialogue and stimulate new conversations on all aspects of mental illness.

See Horatio website at [Calendar](#) and the official conference page with further information: [Horatio Festival 2012](#)



## Croatia

In June 2011 the 17<sup>th</sup> annual Croatian congress for psychiatric nurses HUMS took place in the beautiful area of the Plitvička jezera, [www.np-plitvicka-jezera.hr](http://www.np-plitvicka-jezera.hr) famous and worldwide known national park.

Again Zoran Bradaš, president of Croatian Psychiatric Nurses Society is very interested in the international development and especially HORATIO. He leads this organization with Marija Božičević, secretary of CPNS. The Society has an annual 3 days congress in June and the theme for this year Congress was "The Nurses Diagnoses in Mental Health Nursing". About 200 attended with excellent plenary sessions, 40 paperwork's, 18 poster presentations and 5 workshops.

During this congress the annual **Darja Benussi award** was presented to Renata Golubic, the international officer of the HUMS for her dedication and commitment for her work and achievements on behalf of the HUMS. This reward is dedicated in memory of the national honored Croatian psychiatric nurse who passed away 7 years ago and in her time a leading lady for the Croatian organization. Darja was the leading nurse in Croatian psychiatric nursing for 30 years, worked in the psychiatric clinic Zagreb and oriented on social and community care. She established standards for education and was the president of CPNS in a four year period. She organized the first CPNS symposium in Varaždin which was the first community psychiatric care delivered for chronic psychiatric patients organized in early seventies with dr. Pavao Brajša a great leading Croatian Psychiatrist. When she died in February 2004. CPNS on it's the first symposium in June, decided to establish the reward in her honor and to promote the work of Croatian psychiatric nurses.



The Ladies, Drobec, Detelic, Cegledi and Andjelic

*2005. The first award honored Marija Anđelić from Osijek. She is very active nurse in community nursing and very inovative and creative in her carier.*

*2006. The second winner was Draženka Drobec from Popovača, psychiatric hospital 100 km from Zagreb, and very famous in group therapy, active in CPNS.*

*2007. Than the third winner was Ana Cegledi. She was the first president of national nurses organization, HUMS, for many years active in CPNS, Head nurse of Psychiatric Clinique in hospital "Sestre milosrdnice" in Zagreb, well known in family therapy nursing in work with*

*addictions and alcohol abuse.*

*2008. The fourth winner was Marija Detelić from KBC Zagreb, Darias very close colleague and her right hand when she was the president of CPNS.*

*2009. The fifth winner was Ankica Ćuka the nurse from psychiatric hospital Ugljan. This is the island on the Adriatic coast near Zadar. She is the head nurse of this hospital organized and two excellent CPNS symposiums, and promoted the psychiatric nursing and nursing in general in such an isolated area.*

*2010. The winner was Ljubica Živko. She was president of CPNS from 1999. to 2002. She organized four symposiums, and is recognized in urgent addiction and alcohol abuse psychiatric nursing..*

Next congress of CPNS will take place from 28th of June 2012 in [Brioni Island](#) a great national park with fantastic congress facilities', worth wile to visit.

## Turkey

In the week of 22 and 25 September, the first International Congress for psychiatric nurses took place in Istanbul. Members of the Horatio Board were invited to take part in the congress with many high profile international experts in Mental Health Nursing.

At Wednesday, the previous day to that event, Roland van de Sande, Professor John Cutcliff and Ber Oomen were invited to see universities and nurses while working in the practical field. We first had the opportunity to visit the magnificent Building of the Marmara University and had discussions with lecturers and the Director of Nursing Department. Some exchanges were done on contacts for future cooperation, to help each other for education between Turkey and the USA and also emphasizing the relation with Horatio as an association for national organization but also using it as a European network to exchange knowledge and inspiration.



Picture 1 at Marmara University, see names below



Picture 2 at Istanbul University, see names below

After a very impressive meeting with officers we traveled through the huge and very busy city to the other side of the Bosphorus to meet our colleagues of the Istanbul Universities. We had discussions and very shared interesting views on health matters and future challenges such as addiction and depression especially for the care of woman. Some inspiring research is going on and it became also clear in this meeting how strong culture is related to Mental Health care.

After a wonderful dinner by the Istanbul University Nursing Faculty we had the great opportunity to visit the ministry of Health Bakirkoy Prof. Dr. Mazhar Osman Mental and Neurology Hospital. The hospital is located on the [beautiful area](#) where buildings are separated by forest and parks. In that meeting we visited three wards and were able to speak to nurses about working hours, about using restraint –which was minimized compared to the long years before- and saw how the digital files are used in the health care system. It also was interesting to see how cameras are used for safety in halls and public places. Private rooms were not observed because of private reasons, in some nations the use of camera is frequent debate. The use of seclusion rooms were not in use and only in very specific cases and only for a absolute minimum of time.

At the end we had the great opportunity to speak to the Director Mr. Erhan Kurt, associate Professor, Phd MD, Chief Physician, Head Director of Ministry of Health Bakirkoy, Prof. Dr. Mazhar Osman Mental and Neurology Hospital and Mrs. Melahat Akbaş, director of nursing department of ministry of health Bakirkoy and Prof. Dr. Mazhar Osman Mental and Neurology Hospital. Mr Erhan Kurt gave his views on his ambition of de-centralized care, bringing in smaller centers close to people's home and to promote the community care system throughout Turkey and to have reached in a period of 10 years'. An ambition which is very much appealing to the other European nations and nurses sharing this input to the quality of care for mental illnesses and we offered the assistance of Horatio where we can be of benefit.



The congress started with a very surprising event. After the opening ceremony, in which Ber Oomen was asked to do the openings speech they started with a panel discussion. This was surprising to us but seems very good idea. For what we know from other congresses, panel discussion are mostly at the end as a reflecting moment. Here it was right at the beginning, bringing up the discussion on two items: To be an object or a subject and how theory can improve practice.



At first there was a long plead to increase the role for the nurses. Selma Hasanoglu working at the Marmara University in Istanbul gave a great display how it works on a ward. Doctors come and go, take days day's off when they like, decide on admission and key decisions while nurses work 24 hours, seven days a week and are the 'door-openers' and actually should have a voice on critical decisions. Her remarks were very much recognized by many of the nurses. Then her colleague Nazmiye Öztürk (Ministry of Health Samsun Mental and Neurology Hospital) explained her position. She worked in a hospital in one of the remote areas and it seems that she has a more free position. Due to having less medic staff members and good cooperation, "we are a nurse leading organization and the doctor gives their approval on their views and plans". So here we saw a great difference between the big city and remote area's but also in responsibility.

After an hours of discussion, Jane Clement (past president of the APNA, American Psychiatric Nursing Association) said that throughout the many years, these discussion are frequently coming back. In some way it is the 'same-old-story' but emphasized that it really helps. "People should discuss this because the level of discussion does increase in quality and by hearing nurses speak about care and respect to clients and increase their professional role in this era".

The day continued with presenters and all participants of the congress where given a 400 pages huge book about all abstracts but also in Turkish and English. Here we realized that the Turkey are very motivated to increase their profession and standards of care and that the national Turkish organization for psychiatric organization is very well equipped for the future.

**Quote: "Eger siz kendinize güvenmiyorsanız, hic kimse size guvenmez" - "If you don't have confidence, no one will trust you"**. By, Mrs. Prof. Nebahat Kum, Senior and retired 1st Mental Health Nurse in Turkey.

The Saturday the program was centered around women and violence at work and in general. and in the afternoon the impressive film has been shown about 'My letter to Pippa'.

*The journey of Pippa Bacca who set off from Milano in a wedding dress and attempted to go to Jerusalem for the world peace by hitch-hiking has ended regrettably in Turkey. The movie depicts the history of the director who undertakes the journey of "Peace Bride" but in a black wedding dress. It starts from the spot where Pippa Bacca last seen and continues until the Syrian frontier. In this journey what happened to Pippa and states of masculinity are discussed as well as the reality of being a woman in Turkey is facing. This is a movie about existing as a woman in a truck or on a highway without being harassed or raped. It's a questioning and a loud thinking of a female documentary filmmaker about trust, peace, fear and being bad.*

*Link [My Letter to Pippa](#)*

#### Other

*And at the end of the congress the anual prizes where given to 4 scientific studies which were sent to the congress to instigate the young scientist. The congress was visited about 230 participants, 21 international participants (including Iran and Afgansiatn) , 1 forum discussion, 2 conferences, 4 dual conferences, 7 panels, 10 workshops, 14 oral presentations and 141 poster presentations.*

Picture 1: From left to right.

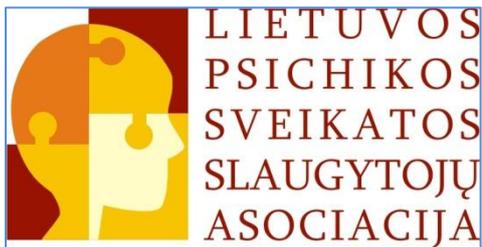
Mrs Fatma Nevin Sisman: Research Assistant, MSc RN, Marmara University Faculty of Health Sciences Nursing Department, Mrs Ayse Ferda Ocakci: Professor, Marmara University Faculty of Health Sciences, Director of Nursing Department, Mr John E Cutcliff: professor University Maine, USA, Psychiatric nursing, Mrs. Gul Unsal: Associate Professor, Marmara University Faculty of Health Sciences, Psychiatric Nursing Department, Mr Ber Oomen, founder Horatio and office manager, Roland van de Sande, Secretary General Horatio and Mrs. Semra Karaca: Lecturer, Phd, Marmara University Faculty of Health Sciences, Psychiatric Nursing Department

Picture 2 from left to right

Mrs. Meral Kelleci: Associate Professor, Cumhuriyet University, Faculty of Health Sciences, Psychiatric Nursing Department

Mrs. Yasemin Kutlu: Associate Professor, Istanbul University Nursing Faculty, Psychiatric Nursing Department and president Turkisch Psychiatric Nursing Association, Mrs Sevim Buzlu: Professor, Istanbul University Nursing Faculty, Head of Psychiatric Nursing Department, Ber Oomen, Roland van de Sande and John Cutclife

## Lithuania



In 2011 on 28th of March a Lithuanian Mental Health Nursing Organization 'LAMHN' has formal been established. This was initiated by three psychiatric nurses: Daiva Žukauskienė (mental health nurse, head administrator of nursing), Loreta Janovičienė (mental health nurse, head administrator of nursing), Agata Časnoit (mental health and general practice nurse). The establishment of the association got a lot of attention and was accepted by the OLNS, Organization of Lithuanian Nursing Specialists.

Daiva Žukauskienė was chosen to be President of the association and feels a great responsibility for the young organization, its aims and work. The inaugural conference is planned to be held on 28th of October, 2011 in Vilnius. The topic of this conference is *The International Cherishment of Mental Health, the Development of Inter-professional Communication*. A representative of self-development center for nursing is going to present the opportunities for mental health nurses self-development in Lithuania. The chairman of the Lithuanian Psychiatrist Association will present visions of the psychiatric team work. The leadership of Suwalki Psychiatric Hospital in Poland are making a presentation about mental health nurses and general mental health policy in Poland. They keep in collaborate with this hospital and are planning a common three-sided project in order to share experience and nurses internship abroad. Also in the conference the representatives of nursing department from Vilnius University are going to analyze the mental health nurses' job profiles features. The aims of this conference are to introduce to Lithuanian nurses that the new organization is capable to take responsibility for the development of mental health nurses, to create opportunities for them to protect their rights, to open roads to international events and projects. In Lithuanian laws there are a number of gaps and inadequacies and the LAMH organization tries to influence amendments in laws.



The main aim of the association is to unite a team of specialists working in mental health branch. We cooperate with the Lithuanian association for psychoanalysis, the Lithuanian association of psychiatrists, moreover, active physiotherapists, nurse assistants, psychologists, employment therapists and psychiatrists. They also seek strong and steady links between

these specialties to create enable a solid team for common development, sharing of information are encourages a collective cooperation.

Together with the organization "Initiative in Psychiatry" we created a questionnaire for nurses. Its aim is to make clear nurses' needs, to get to know their opinion about the work functions of mental health nurses, to evaluate the percentage of work satisfaction. The report about the results of questionnaire are going to be presented in the conference.

At this stage, this young organization seeks international cooperation and is very eager to work through the Horatio alliance with other partners. In 2012 they aim for a full **Horatio** member status and for this reason the President of Horatio will address the congress with a video message to inspire this great congress and initiative.

By Daiva Žukauskienė, President National Psychiatric Nursing organization LAHMN



### Quote

*Those that know about things and more, they do.  
However those who understand, they teach. -Aristotle*

### Netherlands

In the Netherlands the nurses specialists are allied in section within the national nursing organization [V&VN](#) and has five groups in mental health care: the clinical, community care, consultative and advanced specialist care and nurse leaders in psychiatric institutes. These 5 are forming a large group of specialists within the national organization. Five years ago this group had a formal network based on mutual interest but when the national nursing reorganized this group was divided again in 5 separate groups and in the process lost track with each other in this large organization.



In the past half year this group is meeting again with the aim of organizing annual national congress for psychiatric nursing. In the Netherlands there are at least 12 to 15.000 nurses working in daily practice of the mental health field. In the region Arnhem / Nijmegen a survey has been done and the outcome clearly showed that nurses appreciate to be active in education programs and network. Although the digital world is expanding, it cannot replace the personal contact with meet and greet moments. This group has set a goal to organize on the 12<sup>th</sup> May 2013 International Nursing Day a congress for psychiatric nursing organized by this group of 5 section in cooperation with mental health institutes.



In the field of mental health nursing there is so much going on but without alliances, cooperation, learning opportunities, lack of time and money. A moment needs to be made and this group has taken the responsibility to close this gap.

**Psychiatric Nurses as part of an Interagency Response to Suicide Prevention and Mental Health Awareness Training in the Irish Prison System**

Prisoners are identified as a key target group for suicide prevention as research has shown them to be at high risk of mental health problems, self harm and completed suicide. Action Area 16 of 'Reach Out' *The National Strategy for Suicide Prevention 2005-2014* recommends the development and delivery of training for staff from the Irish Prison Service (IPS) on suicide prevention. Since 2008 the NOSP has been working with the Irish Prison Service Training and Development Centre at Beladd House in Portlaoise and the PNA (Psychiatric Nurses Association) to develop skills based suicide prevention training programme to meet the training needs of prison service staff in this area. This work is based on a training programme previously researched and developed in the Mountjoy prison complex. This partnership has resulted in the development of the STO4P (Suicide Training Overview for Prisons) programme.



The aim of the STO4P programme is to up skill key staff within the IPS to respond to prisoners who are at risk of suicidal behaviour. The programme comprises four modules delivered over two days.

Eight established trainers from the IPS HSE and PNA have been trained to deliver the programme. The programme is co-facilitated by pairs of trainers one from the IPS and second facilitator from the HSE/PNA. The training and liaison officers from the IPS are key to the delivery of the STO4P programme in the prisons where they work. The key target groups for the

training include reception officers, class officers, staff working in special observation cells and reception clerks. The programme was delivered on an ongoing basis in 2010. The evaluation of the programme shows that it does increase participant's knowledge and skills in suicide prevention within the prison setting.

**De-institutionalization and social inclusion in the EU.**

At meetings, discussions and publication, the subject '[de-institutionalization](#)' is high at the EU agenda. This is based on the strong lobbying of families and clients organization but also supported by EU funding to speed up the social inclusion on persons with a mental illness or disability. This subject is also of high interest to nurses because they are the ones with the most client contacts and have a key role to help this process on policy grounds but also on a micro scale to see where and how clients need to be socialized, giving them tools and abilities to have fulfilling lives.

On the 5<sup>th</sup> of July the European Social Network conference took place and strong but constructive words were exchanged. Mental health is high at the agenda but the relation with finances is also high. This is also clear to us nurses by numerous evidence, research and documents but, also in this world, it's up to the nurses to go to these meetings, speak to the key persons and show that they can contribute in many ways. Not only in cost factor but also cost-effective.

"On 21 September ESN launched its latest report [Mental Health and Wellbeing in Europe: A person-centred community approach](#), originating from the work of the [ESN working group on mental health and wellbeing](#). The launch, held at the European Parliament, brought together approximately 80 delegates from across Europe, including senior management, professionals, researchers and service users, in a joint effort to promote a person-centred community approach to mental health and wellbeing".

Here below some information and links to the congress and downloads. Horatio however has been represented earlier at these meetings such as the MHEEN in 2007 at the LSE (London School of Economics and Political Science), the Mental Health European Economical Network.

Many of these presentations are still online or available at the Horatio office.

*Title Congress: Cost or Cost-effective. Community Based Social Care..*

*“The move from institutional to community care must be firmly anchored in social work values and in human rights. Without this legal and ethical backbone, the transition may be reduced to cost-cutting exercise where the weight of care is shifted from the state to family and produce negative outcomes for users”.*

*"Institutions are like prisons. The only difference is that prisoners at least have a fair trial whereas service users are simply locked away without this privilege" – Yannis Vardakastanis (President of European Disability Forum) opened up the discussion on community-based care. He briefly presented the [UN Convention of the Rights of People with Disabilities](#) as “an opportunity for users and service providers – public and private – to work together and bring about change... It is an empowerment of people, giving them their rights. This would never happen within an institution.”*

[Professor Martin Knapp](#) of the LSE explained that economists are not interested in the cost but in the cost-effectiveness and outcomes resulting in the improvement of people's wellbeing.

More at: <http://www.esn-eu.org/e-news-jul11-dcc-session>

### From Internet

[DataPrev](#). Mental health disorders account for 20% of European ill-health and premature death. The implementation of mental health promotion and mental disorder prevention is poor. The greatest barrier is the lack of evidence-based knowledge. There is a mismatch between what is known about evidence-based programs and what is implemented. The consequent reliance on interventions of unproven effectiveness wastes human and material resources. The World Health Organisation (WHO) and the European Commission have called for the development of integrated databases of mental health information, on both delivery and implementation of evidence-based activities.

Given that background, DataPrev aims to identify and document evidence-based programs that promote mental health and prevent mental and behavioral disorders, by identifying programs currently implemented in the countries of Europe, by appraising their evidence and by identifying best practice programs. The implementation settings chosen to identify programs include:

Home-based and family-based programs for infants and toddlers, School-based programs for children and adolescents, Work-based programmes for adults and , Home and community-based programs for elder populations.

This website intends to provide an easily navigable gateway for policy-makers, programme implementers and researchers and European consumers to the best current effectiveness data regarding the prevention of mental and behavioral disorders and the promotion of mental health. See more at [www.dataprevproject.net](http://www.dataprevproject.net)

### The Drama in Norway and debates: madness or mental illness

In the summer a huge drama unfolded in Norway where so many innocent victims died. It gave a lot of turmoil throughout Norway but also other nations, all in the effort to understand or comprehend such a horrific act against human nature. How could a person act as this young man did? Was it madness, an illness, a political driven motivation? So much questions and conclusions. Shortly after that, a young Dutch boy took a gun and shot hundreds of bullets in a shopping mall and many people were killed. This Dutch boy had a long psychiatric history. Although the effort of every psychiatric or mental health nurse is a safe life and a healthy living environment, the world of violence frequently stirs the calm waters of care and safe therapeutically environments. In the articles below you can find the struggle to find a way

in getting to understand each other while working for a better world and safe and warm therapeutic environment with prejudice.

**From Mental Health Europe-Sante Mental European [www.mhe-sme-org](http://www.mhe-sme-org)**

Equating mental health problems with violence – Prejudices resurface in coverage of Norway killings

The killings in Norway have left 77 people dead and a whole world mourning. In a shocking attack on humanity and the values Europeans hold dearly, Anders Behring Breivik has demonstrated the dangers of extremism, be it religious or political. Breivik can be called many things - a murderer, assailant or plotter – but Mental Health Europe believes it is unfair and irresponsible to call him a **madman**, at least until any mental health problem he might suffer from is duly proven in court.

Moreover, labeling Breivik a **madman**, a politically incorrect term obviously preferred by sensationalist media, is offensive towards people with mental health problems, who already face daily discrimination and stigmatization. The World Health Organization has established that people with mental health problems are the most discriminated of all people with disabilities, often as a result of ignorance and prejudice. And such prejudice is only reinforced by equating mental health problems with gruesome acts of violence like the Norway attacks. Especially when, in fact, several very reliable studies have discovered that mental health problems play no part in the majority of violent crimes, and that users or ex-users of mental health services are more likely to be victims, rather than perpetrators of violence. Indeed, research showed that people with mental health problems were 2.5 times more prone to becoming victims of violence compared to other members of society.



It is only natural for the human mind to search for answers in the face of dramatic events. However, over-simplification can lead to wrong and hasty conclusions. Breivik may or may not suffer from mental health problems. That is not the issue here. The problem lies with instantly assuming that Breivik **must** have mental health problems in order to commit such hideous crimes, while mental health problems alone generally do not lead to violent acts. Other risk factors, such as childhood abuse, substance use, or past violent behavior are far more reliable predictors of future violence.

By calling Breivik a madman, the media further reinforces damaging stereotypes related to people with mental health problems, and ignores the larger context of the killings. And by doing so, it fails both its readers and one of the most vulnerable groups in society.



*Reply from Norway from **Voksne for Barn**: A voluntary, idealistic member-based organization that works to help children and young people in Norway receive a childhood and adolescence characterized by security and well-being.*

*Dear friends and colleagues in Mental Health Europe!*

*I am referring to your letter pointing out that the Norwegian mass media once again has stigmatized mental illness by referring to the terrorist as a madman -in Norwegian "en gal mann".*

*Voksne for Barn is a long standing member of MHE and we have always supported and participated in the battle against the mental health stigma in the media and elsewhere in the society. But this time - so far concerning the media or the public debate -you have got this wrong. You cannot translate the Norwegian term "en gal mann" as a synonym to a person having mental illness. It is more an expression for a mad / angry person who does awful things. So this time it is not the media or any officials who claim him to be mentally ill. Everyone has expressed that this is for the psychiatrists who have been appointed for the assessment to conclude about. We know at this moment that the planning of this*

atrocities took 9 years and he drugged himself to be able to carry it out.

The other thing I would like to comment is that this week we are burying our dead and most of them - young ones who were killed. We are still mourning all of us and ask for respect to stay in that process - at least these weeks. After this we can pick up all our fights, evaluate and learn from it - in our common cause for good mental health for all. Voksne for Barns office were hit and some of the staff were there when the bomb went off - they have a trauma to solve as well and today we had a memorial for one of the youth from Utøya - an active person we lost among so many others - all of them devoted to build a better world. Let's continue for them.

Best from Randi Talseth, secretary general in [Voksne for Barn](#)

See also the European Network for Independent Living:  
[www.enil.eu](http://www.enil.eu)



## Charter of Compassion

When some words are not found to express emotions, seeking understanding, people, warmth, growth, initiative and seeking partners, friends all over the world, connect to the Charter for Compassion. You are never alone and inspired by thousands of people all over the world, not waiting for the things who will not happen but come in to action and make a difference. [www.charterforcompassion.org](http://www.charterforcompassion.org)

## Quote

*People will forget what U said, people will forget what U did,  
but people will never forget how U made them feel - Maya Angelou*

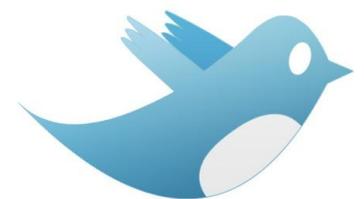
## More psychotic homeless people.

Amsterdam- The plans of the government of the Netherlands to raise the own contribution (200 euro) for mental care, will have the effect that there will be more homeless psychotic and addicted people in the near future. Because they don't have a lot of money and motivation for mental care, the prospect is that this group will refuse and avoid the necessary care. The street scene in Amsterdam now a days is more dominated with homeless people from several European countries. They don't have to pay the own contribution but are been cut off all social security benefits.

From mr. Bertil Hartoch, Rehabteam - [Mentrum](#). Amsterdam. For contact on this subject,  
[bertil.hartoch@mentrum.nl](mailto:bertil.hartoch@mentrum.nl)

## Horatio Twitter account: Horatio\_Web

- **18 Oct** Budget cuts and 'so called effectiveness' has great effect on those in vulnerable positions: the homeless. <http://goo.gl/LqZ3d>
- Autism is an emerging public health issue and demands a pan-European health response of determination, see congress <http://goo.gl/Stz02>
- **13 Oct** This weekend, Horatio board meeting in the great city of Stockholm, the location where next Festival will take place. <http://bit.ly/ov3lXe>
- In Belgium, again a suicide by teen-age girl, due to teasing and bully by other young persons, often wrong



friends....personal drama's!!!

- [11 Oct](#) Today on NL news, in Greece 40% more suicide than average numbers, due to economical crises. Hits honest persons with normal income most.
- Mental Health and Psychiatry to be understood in wide perspective, see presentations of the ESN - Eur.Soc.Network at <http://bit.ly/rnTKqd>
- Mental Health Europe: Norway drama: Was media right to call Norway killer a Madman? read ourtheir <http://tinyurl.com/3sqdweh>
- Chain up with holding hand for in compassion with Norwegian people...follow our example...<http://bit.ly/pRE7As>
- What is psychiatry, a psychiatrist and mental health? nice short film...<http://bit.ly/q9aH1o>
- Good focus and practice for psychiatric nursing is by broad understanding on Mental Health, <http://dataprevproject.net/>
- Last call for abstract 1th International congress Turkish Psychiatric Nursing in Istanbul. Now online programs: <http://bit.ly/j6uik3>
- RN4CAST: nurse workforce planning & forecasting models and patient outcomes, see presentations at <http://bit.ly/jkUWoB>
- ICN eHealth Bulletin now available: [http://www.icn.ch/images/stories/documents/news/bulletins/eHealth/ehealth\\_bulletin\\_june\\_2011.pdf](http://www.icn.ch/images/stories/documents/news/bulletins/eHealth/ehealth_bulletin_june_2011.pdf)
- [#mentalhealth](#) - Japan's [#suicide](#) rates soar by up to 39 per cent in areas hit by the earthquake. <http://fb.me/SZ1jWRWq>
- Healthcare is beside care nowadays also 'big business'but also 'Fraud and Corruption'. See EHFCN.org. Good work pays of <http://bit.ly/lkiDK2>
- "Talk does't pay, So Psychiatry Turns Instead to Drug Therapy", interview with Dr. Donald Levin, USA. <http://nyti.ms/hvSQFp>
- The Horatio Bulletin May 2011 is published an available online at our website at <http://bit.ly/l9mdGK>
- PPT presentations of Horatio events are available on request at the office. See the impressive and full overview at <http://bit.ly/lO8iCZ>
- The year has already started but it's not to late forward this sharing of '365 Days of Good Mental Health', <http://bit.ly/k3cUJa>
- Napping during night shifts benefits nurses and their overall ability according to a study carried out in Canada. see: [www.nursingtimes.net](http://www.nursingtimes.net)

For next bulleting, send copy and see data below

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